

## **YEARS**

2025





**WWW.OXFORDPRIDE.CA** mail@oxfordpride.ca

#### **Presidents message**

Over the past decade, we have witnessed considerable progress in advocating for and supporting the 2SLGBTQIA+ community in Oxford County. This journey began with a meeting to discuss concerns, where I met Phil Vandermolen, who would become a valuable partner in establishing the Oxford County Pride Committee.

Our mission has been to advocate, educate, and promote social, leisure, and recreational activities for the 2SLGBTQIA+ community in Oxford County. The committee has not only met its initial goals but exceeded expectations by fostering diversity, equity, and inclusion within the community. Our annual Pride Family Day has grown into a summer highlight, attracting increasing numbers of families, businesses, and organizations.

Since our first flag raising in 2015, progress Pride flags are now flown in every community throughout Oxford County. Despite facing challenges such as hate, homophobia, transphobia, and stolen flags, we have strengthened community connections through education and advocacy.

Reflecting on the past decade, the first five years were comparatively easier than the latter half. Political changes and regression in human rights in the USA have influenced Canadian policies, exemplified by Alberta's stance on parental rights for families with transgender children, perpetuates stereotypes making life dangerous for the 2SLGBTQIA+ community. This shift has necessitated greater security measures at our events post-COVID-19.

Despite these obstacles, change brings progress and opportunity. It is crucial to resist divisive propaganda and rhetoric, preserving the legacy of those who fought for our rights. As my mother wisely stated, "We all bleed the same color and breathe the same air."

With a heavy heart, I announce my retirement from the role of Oxford County Pride President, effective October 2025. Serving this community has been an honor, and I am grateful for the relationships built along the way. From a small picnic in Southside Park to hosting numerous events and a Family day with over fifty vendors and hundreds of people in attendance, the growth and impact of Oxford County Pride fills me with pride.

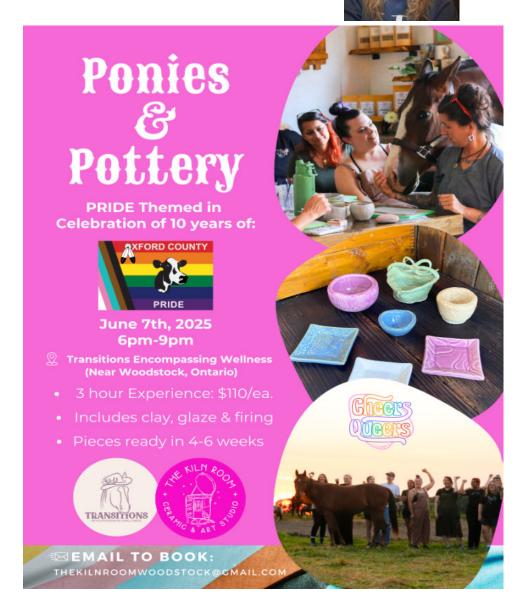
Our efforts have included installing rainbow crosswalks, providing safe space training, participating in community organization vendor opportunities, and raising flags in all townships during June. These initiatives aim to influence perspectives on discrimination and prejudice positively.

I wish to acknowledge founding members Phil Vandermolen and Stephanie Johnstone, whose dedication has been instrumental. I thank everyone who has contributed to

Oxford Pride over the past ten years. Leading Oxford Pride has been one of the most challenging yet fulfilling roles of my career, an incredible achievement for me and my family, and I am humbled by this community as it supported and trusted me as it grew along with me. I hope this will ensure that Oxford County is a safer, more inclusive place for all of us to live, work, and play.

Happy Pride Oxford County!

My deepest Gratitude, Tami Murray MSW, RSW. (She/Her) President, Oxford County Pride Committee





TD Bank is a Proud supporter of Pride across Canada #foreverproud @TD Bank 195 Thames St. S., Ingersoll, ON 519-485-6010





RAINBOW

Oxford County's Rainbow Coalition is a group of dedicated representatives from local agencies and community stakeholders, all working together toward a shared goal: promoting diversity, equity, and inclusion across Oxford County. Our mission is to help create a safer, more welcoming community for all 2SLGBTQIA+ individuals through education, awareness, and research.

It's been a busy and exciting year for us! One of our key initiatives is the *Safer Spaces Workshops*—free training sessions offered to organizations, businesses, and community groups throughout Oxford County. Led by our experienced facilitators, these workshops are designed to support anyone looking to make their spaces more inclusive for 2SLGBTQIA+ individuals.

We're also grateful to have received generous funding from the Oxford Community Foundation to launch a special workshop series just for allies in our community. If you're interested in booking a Safer Spaces workshop or learning more, reach out to us at

oxford county srain bow coalition @gmail.com.

In addition to education, the Rainbow Coalition is committed to research that drives meaningful change. We're currently collaborating with Wilfrid Laurier University on an important research project exploring the unique health challenges faced by 2SLGBTQIA+ communities in both Oxford and Elgin Counties. To find out more, please contact ocecrainbowresearch@outlook.com.

We're always looking for passionate individuals to join the Rainbow Coalition! If you're interested in getting involved, contact our Chair, Sarah Stevens (she/her), at **sstevens@oxchc.ca**, and be sure to follow us on Facebook: facebook.com/OxfordCountyRainbowCoalition



#### Growing stronger together

Oxford County is proud to recognize Pride Month and celebrate the diversity, strength, and resilience of the 2SLGBTQIA+ community and the many allies who stand in solidarity

Pride Month reminds us that inclusion doesn't happen by chance. It takes understanding, action, and a shared commitment to hearing and valuing every resident. This year, in the shadow of efforts to undermine gender rights for trans and non-binary individuals, it is also an urgent call to stand together in love and reaffirm that everyone deserves the freedom to live authentically.

Oxford County's Strategic Plan and the Safe & Well Oxford Plan set a clear path toward a stronger, more inclusive future for all. Through the DEI Action Coalition, we are working to break down barriers and raise awareness across all protected grounds of the Human Rights Code, ensuring no one is left out or left behind.

I want to congratulate Tami Murray on 10 years of leadership as President of Oxford County Pride. Her dedication to advocacy and education has helped grow the Pride committee's visibility, impact, and reach from the very beginning and has laid a strong foundation for continued progress. Her legacy is one of meaningful change and lasting inclusion.

As we pause to celebrate Pride Month, let us also acknowledge the work left to do: to listen deeply, speak up more often, and continue working to build communities where people can live authentically without fear or discrimination. Happy Pride Month, everyone.

With admiration and solidarity,

Marcus Ryan

Warden, Oxford County



Taste the Rainbow with Gunn's Hill Artisan Cheese!

Come out and enjoy a wide variety of our cheeses with a guided tasting, followed by cheesy Pride month trivia and prizes!

Thursday June 12, 6 - 730 pm Hosted in outdoor pavillion 445172 Gunn's Hill Rd. Woodstock

\$25 per person



#### **For Tickets**

www.eventbrite.ca/e/taste-therainbow-with-gunns-hillartisan-cheese-tickets-1319462851909? aff=oddtdtcreator

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#### **WEAR YOUR PRIDE**

Bring your own clothes & enjoy access to all sorts of supplies, so you can wear your pride all month long! We'll have lots of iron on decals, crests, paints & more. PLUS! Charm bar workshops with tons of pride-themed pieces to choose from for bracelets, necklaces, key chains or pins!

10-1:00 PM - Design-Your-Own Clothes & All Ages Charm Bar 5-7:30 pm - Design-Your-Own Clothes & Adult Charm Bar

#### FRIDAY, JUNE 6

#### RAINBOW FLORAL WREATHS

Grapevine or wood bead options available & all the colours of the rainbow!





#### SATURDAY, JUNE 7

#### COLOUR ME QUEER WOOD SIGNS



#### SATURDAY, JUNE 14

#### \*COLOUR ME CRAZY!



#### SATURDAY, JUNE 21

#### HOME DECOR WORKSHOPS

11:00 AM - DIY Coir Doormats

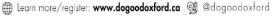
4:30 PM - Teen Arts & Eats - Resin, balloon dogs & pizza! 7:00 PM - Shattered glass rainbows & resin

FRIDAY, JUNE 27

LEARN TO WATERCOLOUR: WILDFLOWERS



10% of all June class fees will go towards supporting local programs uplifting 2SLGBTQIA+ youth in Oxford County.







## Involved in the community with pride.

Supporting Oxford County in Tavistock, Tillsonburg and Woodstock

\* Registered trademark of The Bank of Nova Scotia

Scotia.



#### FRIENDS OF PRIDE

Fritzies East and west end
Crafty Corner Tea Room
Two Guys and a whisk
Theatre Woodstock
Shoppers Drug Mart
Vintner's Wine Works
Cozy Covers
Alison Osteopathy
Enchanted Inspirations
Sticky Spine Studio
Aftermath Tattoo
KAS Bath and Body
The Sweet Cycle
Woodstock Art gallery
Rainbow Nursing Interest Group (RNIG)



PRISM is a one-of-a-kind mentoring program run by Big Brothers Big Sisters of Oxford County that's unlike any other service for 2S/LGBTQ+ youth in the County. While other organizations exist that support 2S/LGBTQ+ youth in Oxford, none of them aim to provide 2S/LGBTQ+ youth with a 2S/LGBTQ+ mentor who can support them as they navigate life's challenges.

PRISM stands for Pride, Respect, Identity, Safety, and Mentoring. The PRISM program matches 2S/LGBTQ+ adults with 2SLGBTQ+ youth in one-to-one, in-school, virtual, or group mentoring relationships. All members of the match receive pre-match training, where they are taught about how



to create healthy and safe relationships. Our matches also receive ongoing support from our experienced team of mentoring coordinators. Mentors are all trained how to build and maintain developmentally significant relationships; through regular and fun weekly meetings with their mentee. Matches are created based on common interests and shared identity traits to create a supportive, empowering, and fun friendship.

Traditionally, the 2S/LGBTQ+ community has created informal mentoring networks to endure the hardship we often experience. Despite huge strides in acceptance and equality, we know that 2S/LGBTQ people in Oxford experience frequent mistreatment. There is a pressing need for evidence based mentoring programs like ours that foster the growth and positive development of all young people.

Mentors in our program often share that being a mentor is an enriching and rewarding experience. Serving as a mentor provides you with an opportunity to meet new people in the 2S/LGBTQ+ community, while improving your own wellbeing. Being a mentor is one of

the most fun ways to support the young people in your community. We have various programs with their own levels of commitment, some require as little as an hour a week of your time.

We have many 2S/LGBTQ+ youth on our waitlist who are ready to seize the opportunity to be mentored. Are you an 2S/LGBTQ+ adult or ally looking to give back to the 2S/LGBTQ+ community? If so, becoming a mentor with the PRISM program might be what you've been waiting for.

If you'd like to learn more, please reach out to

info.oxford@bigbrothersbigsisters.ca

or visit our website at https://oxford.bigbrothersbigsisters.ca/.

If you'd like to learn more about all of our different volunteer opportunities within the PRISM program, reach out to our Volunteer Recruitment and Engagement Coordinator Erica Hughes (she/her) at Erica.Hughes@bigbrothersbigsisters.ca.

Happy Pride,

Alex Golden (They/He) RSW, PRISM program coordinator.





### **Q**ueer **C**onversations



Join us for a monthly gathering of community and conversation

Join us to chat about various 2SLGBTQIA+ topics featuring short films, guest speakers, and additional resources. Open to ages 16+.

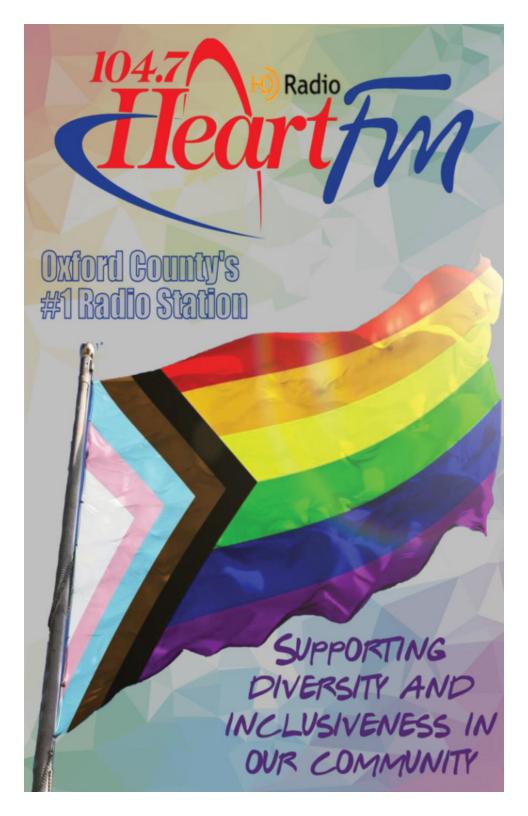
To be held at Woodstock Public Library and the Oxford County Libraries.

Check out the Oxford County Community Health Centre and library Facebook pages for details on upcoming events.

Questions? Call 519 539 1111 x262 (Sarah)









in Partnership with Woodstock Public Library and Oxford County Public Library

Pride Bainbow Storyime



Jone 7th

11am to 1230pm

Free Event Registration Will Be Required

Location

Garly Ofro Coffee

Dondas Street Location



for More Info www.oxfordpride.ca

### May 30 Flag Raising

Join us on for our annual Pride Flag Raising to commemorate Pride month and celebrate 10 years of Pride in Oxford County.

Oxford County Building located at 22 Reeves St. Woodstock. 11:30 am

We are encouraging others to raise their flags on May 31 as well









swpublichealth.ca

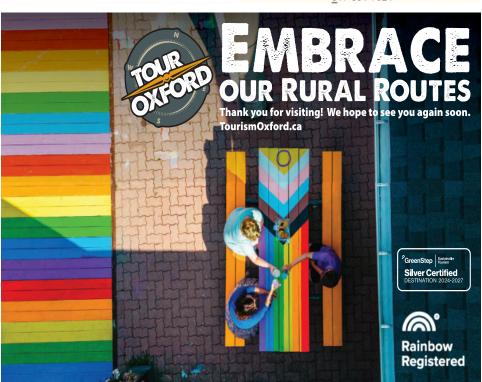
1-800-922-0096



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## Tracey Sherman

tracey@theshermanteam.ca













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service and student support within the diverse student The FSU is an organization committed to excellence in community of Fanshawe College.



TOGETHER WE ALL SUCCEED

### Advancing 2SLGBTQIA+ Health in Oxford County – Oxford and Elgin County Rainbow Research



Despite major strides in 2SLGBTQIA+ rights, many in our

communities still face discrimination, healthcare barriers, and stressors that affect both mental and physical health. This year, a local initiative is aiming to conduct research aimed at improving health and well-being for 2SLGBTQIA+ folks in Oxford and Elgin Counties. Through a partnership between Wilfrid Laurier University, the Oxford County's Rainbow Coalition, Elgin County Pride, and Southwestern Public Health, this research project is one of the first of its kind in our region. The project is specifically exploring the unique health challenges faced by sexual orientation and gender identity/expression (SOGIE) diverse communities in rural-urban settings—communities too often left out of national conversations.

The Oxford-Elgin Rainbow Research initiative is working to change that by collecting both screening survey data and in-depth interviews asking about lived experiences to uncover where supports are most needed—and how to make them happen. Through this, our research team is dedicated to co-creating solutions with our local communities.

And we want to hear from YOU! The research team will be on-site at Pride this year, recruiting for one-on-one interviews and signing people up for our brief screening survey about 2SLGBTQIA+ health and experiences in the region. To be eligible, participants must be 16 years of age or older, live in either Oxford or Elgin County, and identify under the 2SLGBTQIA+ umbrella. Your voice matters—and your story can help build a healthier, more inclusive Oxford County.

Let's celebrate visibility, connection, and progress together!

For more information about the project (Wilfrid Laurier University Research Ethics Board Approval #8915), and for more information on how you can participate, please contact occerainbowresearch@outlook.com.





## EVENTS 2025 PRIDE SCHEDULE

FLAGRAISING

**Woodstock County Building** 

11:30AM

**PRIDECHURCH SERVICE** 

Norwich United Church

10:30AM

DRAG BINGO

Upper Thames Brewery

7PM TO 9PM

FREE EVENT

DRAGSTORYTIME

**Early Bird Cafe** 

**FAMILY DAY** 

**FREE EVENT** 

\$25/PERSON

TASTE THE RAINBOW

Gunn's Hill Artisan Cheese

6PM TO 7:30PM \

JUNE 9

MAY

Muse

**FREE EVENT** 

Museum Square Woodstock

**11AM TO 5PM** 

3 1

JUNE

HIGH TEA

\$25/person

Crafty Corner Tea Room

MARDI GRAS \$10/PERSON
MASQUERADE BALL

Unifor Hall 636 Hall 8PM TO 1AM

EDEE EVENT

PRIDETRIVIANICHT

Upper Thames Brewery

7PM TO 9PM<sup>4</sup>

REE EVENT



**MORE INFO:** 

**OXFORDPRIDECA** 



PRIDE

TIME 11 AM TO 5PM

#### **PERFORMANCES BY**

Deshkan Ziibi, Bigg Zee Feat Ethan Mac, Kate Channer, Rob Cromwell, Patrick Murphy, The Band You Had Me and the Spice Queens





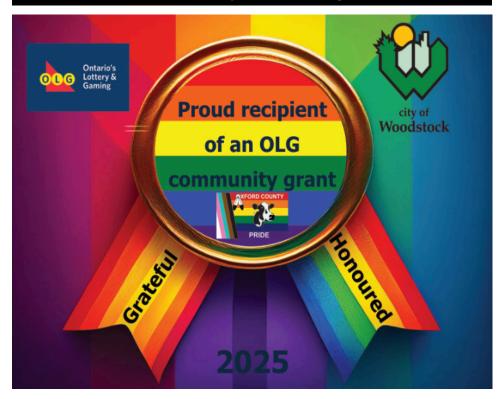
Local 636 - Local 88 - Local 1859



Find an event in your area at unifor.org/pride For material and support, contact pride@unifor.org



Your ride might be a hot mess, but our detailing skills are top-notch!





## SEPTEMBER 30TH

#### 2ND ANNUAL SUNRISE CEREMONY AT PITTOCK CONSERVATION AREA



7 AM BLUE GRASS AREA PITTOCK PARK, WOODSTOCK ON

Boozhoo, She:Kon, Hello, we would like to formally invite all members of the community to join us for the Second Annual Sunrise Ceremony to Honor the Children at Pittock Conservation Area.

Ceremony lead by Mary Lou Smoke and hosted in partnership by ISAN and the UTRCA

7 am September 30th, Pittock Conservation Area, Blue Grass Area, Woodstock Ontario



GOT YOUTH IN THE HOUSE? DON'T FORGET TO CHECK OUT INDIGIKNOW! HOSTED MONTHLY AT THE WOODSTOCK PUBLIC LIBRARY

#### 5TH ANNUAL MARCH FOR TRUTH AND RECONCILIATION

Join ISAN Oxford for the Annual March for Truth and Reconciliation in Ingersoll Ontario. The night includes a community March, Indigenous vendor Market and amazing Speakers! 6-8PM.

YVONNE MOTT MEMORIAL PARK TO THE CHEESE PAVILLION, INGERSOLL,ON

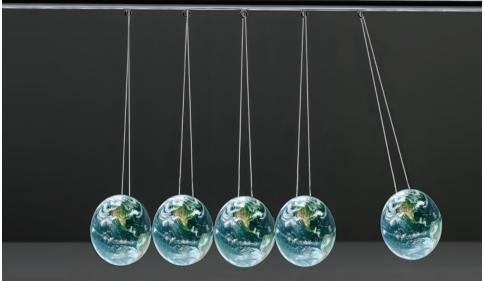


FOR MORE INFO FIND ON FACEBOOK AND INSTAGRAM

## PHYSICS MATTERS

An Interactive Science Exhibit Grade 3 to 5 Curriculum

January 25 to October 4



Created by the Woodstock Museum NHS

Woodstock Museum NHS
Scavenger Hunt

June 14th from 11am-4pm











1267 Dundas street Woodstock 519-537-2326

www.andersonsgm.ca



## Reclaiming Our Sacredness: The Enduring Spirit of Two-Spirit and IndigiQueer Peoples

Long before colonial ships touched the shores of Turtle Island, the vibrant spectrum of human identity, including gender and sexuality, was not merely tolerated – it was woven into the sacred fabric of Creation. Being queer, trans, or non-binary was understood and deeply respected. Across countless Indigenous Nations, those we might now encompass under the umbrella of 2SLGBTQQIA+ often walked paths of profound significance – as healers, warriors, artisans, peacekeepers, and vital ceremonial leaders. Two-Spirit and IndigiQueer people have always been here, each Nation holding unique terms and understandings for these valued members of their communities. In my own culture, Ojibwe, we say Niizh Manidoowag, translating to Two Spirit.

This specific term, Niizh Manidoowag, gained broader recognition following a pivotal gathering in 1990 – the third annual Native American/First Nations Gay and Lesbian Conference in Winnipeg. An Elder shared a vision, gifting this term to empower our Indigenous LGBTQ+ relations and intentionally replace the deeply derogatory colonial labels used against us since the 1600s. It was embraced as a term that could unite the diverse, nation-specific identities that existed long before European contact – identities like Iskwêw Ka Napêwayat in Cree, Winyanktehca in Lakota, or Nádleehi in Diné.

Tragically, the arrival of colonizers brought with it a forceful wave of destructive ideologies. Homophobia, biphobia, and transphobia – foreign concepts rooted in patriarchal and rigid religious doctrines – were brutally imposed through tools like residential schools and relentless religious indoctrination. Colonization sought to shatter diversity and enforce a homogenous worldview, violently suppressing anyone who did not fit its narrow mold. The insidious ripple effects of these colonial weapons continue today, embedding themselves within the very fabric of our social, legal, medical, educational, and even religious systems – systems whose failures and harmful legacies have been starkly documented by inquiries like the Truth and Reconciliation Commission (TRC) and the National Inquiry into Missing and Murdered Indigenous Women and Girls (MMIWG). These imposed ideologies perpetuate cycles of harm and marginalization against Queer and BIPOC peoples, a direct violation of the inherent rights the TRC (Call #18) and MMIWG reports demand be recognized.

Let us be unequivocally clear: the phobia directed at Two-Spirit people is not Indigenous. It is a colonial construct, a poison that fuels intergenerational trauma – the very trauma the TRC called for healing centres to address (Call #21) – ignites devastating lateral violence within our own communities, contributes to heartbreakingly high suicide rates, and continues to steal our beloved 2Spirit and IndigiQueer relatives from us. This violence is precisely what the MMIWG Inquiry investigated, demanding a National Action Plan (Call 1.1) to protect Indigenous women, girls, and 2SLGBTQQIA+ people. Every life lost to hate, and misunderstanding is a precious gift denied to Creation itself. We must scream it from the rooftops: Our Queer youth DESERVE to grow up to become cherished Queer Elders! We must demand the specific supports and resources for 2SLGBTQQIA+ youth and survivors that the MMIWG Calls for Justice insist upon (Call 4.5).

Yet, even amidst this painful legacy, the sacred wisdom endures. A Wabanaki creation story resonates deeply with me: the hero Gluskabe shot an arrow into a brown ash tree, splitting both the tree and its spirit. This spirit, now in two parts, agreed to be transformed into human beings. Gluskabe breathed life into them, and the first Wabanaki man and woman emerged. But fragments of each essence remained. Gluskabe, wasting nothing, recombined these essences and breathed life once more, sending the first Two-Spirit person out from the tree. In this understanding, Two-Spirit people are inherently whole, never separated from themselves, a testament to the sacredness of their being from the very beginning. In Ceremony, I have been taught that we are all spiritual beings navigating a human experience. Each of us holds a place within the sacred circle of the Medicine Wheel, bound by the responsibility to act with compassion, love, and empathy. These are not abstract ideals; they are living principles handed down through generations, like the Seven Grandfather Teachings gifted to my Anishinaabe relations: Zaagi'idiwin (Love), Manaaji'idiwin (Respect), Zoongide'e (Courage), Gwayakwaadiziwin (Honesty), Nibwaakaawin (Wisdom), Dabasendizowin (Humility), and Debwewin (Truth). These teachings form the foundation for the culturally safe healing practices the TRC urged governments to recognize and utilize (Call #22).

These teachings are the seeds of healing and resurgence. Let us carry them forward, planting them wide and deep within our circles and communities. Let us actively work to wash away the harmful, colonial belief systems that still linger, striving to create a future where our young ones can live safely, freely, and in glorious celebration of their authentic selves. This requires dismantling colonial structures and actively decolonizing our own spaces to fully embrace our 2SLGBTQQIA+ kin, as demanded by the MMIWG Calls for Justice (Call 15.2). It means demanding the mandatory, age-appropriate education on Indigenous history and rights – including the specific experiences of 2SLGBTQQIA+ people – that both the TRC (Call #62) and MMIWG (Call 11.1) identified as crucial for reconciliation and understanding. It requires properly funded, Indigenous-centred health and wellness services that are explicitly culturally safe for our 2SLGBTQQIA+ relatives (MMIWG Call 2.3). This is not just hope; it is our sacred duty. This is the call to justice.

Let us offer a profound Chi-Miigwech – a big thank you – to the Elders who fiercely protected and carried forward the sacred teachings for our 2S relations. Chi-Miigwech to our courageous youth who are undertaking the vital work of self-discovery, reclaiming teachings, and leading the charge as powerful facilitators of decolonization – embodying the empowerment the MMIWG Calls for Justice seek to support (Call 4.8). And Chi-Miigwech to every single person who loves, protects, supports, teaches, validates, and fiercely encourages the unique, beautiful identities of those around them.

Apii zaagi'iyaang, zaagi'angidwaa. As we are loved, let us love others. Apii noojimo'iyaang, noojimo'angidwaa. As we are healed, let us heal others. Kina gibizamen maji mnowagazmen ambe dash ga mnowagazyen. We came here to be happy, so go be happy.

Miigwech (Thank you) and Mikwendan (Remember). With love, Ikidowin Ogichida Kwe<3

If you or someone you know is struggling or needs support, you are not alone. Reach out:

- \* Hope for Wellness Helpline: Offers immediate mental health counselling and crisis intervention for all Indigenous peoples across Canada. Call 1-855-242-3310 (toll-free) or connect online at hopeforwellness.ca. Available 24/7.
- \* Kids Help Phone: Offers support for youth, including resources sensitive to 2SLGBTQQIA+ and Indigenous identities. Call 1-800-668-6868, text CONNECT to 686868 or visit kidshelpphone.ca.
- \* Local Indigenous Friendship Centres: Often provide culturally specific resources and support networks. Find your local centre.
- \* 2 Spirits in Motion Society: Provides resources and advocacy. (2spiritsinmotion



Our Online auction retrurns June 1st to June 30. This year we will be using Auction 32 for our auction platform.

Watch our website and other socials for details on how to register and other details.

#### **Rainbow Nursing Interest Group**

The Rainbow Nursing Interest Group (RNIG) is an interest group of the Registered Nurses' Association of Ontario. RNIG values and promotes evidence-informed, inclusive, reflective, respectful, safe and supportive care and environments for people of all sexual orientations and gender identities and expressions.

For more info check out <a href="https://chapters-igs.rnao.ca/node/2541">https://chapters-igs.rnao.ca/node/2541</a>







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WORKSHOPS | SUPPORT GROUPS | WEDDINGS ART | MUSIC | WELLNESS Wow, the political climate is something else right now, and the effects are being felt by all members of the Pride community! Being a family, in Oxford County with members that are part of the 2SLGBTQIA+ community, I have seen firsthand the volatile shift in the political climate. People who disagree with our way of life, our self expression, or anything that is seen as different from the hetero normative, are feeling emboldened to harass, stalk, and even become violent! While it has never been fully safe to be part of the Pride community, we were making progress and fighting the suppression. That was until the current American administration decided to vilify trans people, and attack human rights for all those who are part of the 2SLGBTQIA+ community. Suddenly, the term WOKE was a slur, the 1% of trans people in athletics became the "enemy", and not actual enemies like hunger, homelessness, mental health crisis, families being able to afford to live etc. With the constant vilifying done in conjunction with mainstream media" the current American administration, it emboldened our Canadian transphobes and homophobes to create a false narrative to push the same "anti-woke" propaganda. It is a scary time even attending pride events, as the rise in protesters filled with hatred show up and harass, shout profanities and in times become violent.

We cannot be silent.
We cannot hide!
We must push freedom FOR EVERY HUMAN BEING! Anonymous
Oxford County Resident









## Love yourself... Love each other...



403 Dundas St Woodstock On

www.redlightdistrictinc.ca



#### **Camp Wendake**

A safe, welcoming residential camping experience for persons living with HIV and those who support them. It is the mission of Camp Wendake to provide a safe, welcoming residential camping experience for persons living with HIV and those who support them. We strive to honour diversity in age, gender, and race. Sexual orientation, ability, health status, culture, spirituality and economic state.

WEBSITE: www.campwendake.org EMAIL: info@campwendake.org

#### Canadian Mental Health Association Thames Valley Addiction and Mental Health Services

CMHA Thames Valley Addiction and Mental Health Services (TVAMHS) is an integrated mental health and addiction agency providing community-based supports and services to individuals living in London and the counties of Elgin, Middlesex, Oxford, and South Huron.

WEBSITE: https://cmhatv.ca/ In Crisis 519-433-2023

Supportive listening 519-601-8055 or toll free at 1-844-360-8055

Sites and locations: 1-855-855-2642

EMAIL: info@cmhatv.ca

#### CCLC - Cross Cultural Learner Centre

Offers services and support for LGBTQ+ immigrants settling in Canada.

WEBSITE: www.lcclc.org

TELEPHONE: 519-432-1133 ext. 237 EMAIL: rainbow@lcclc.org

#### **CWHN**

Canadians for choice offers sexual and reproductive health information, and referral line.

WEBSITE: cwhn.ca

TELEPHONE: 1-888-642-2725

#### **Diversity Counselling**

Counselling services in Woodstock Ontario Tami Murray

WEBSITE: www.diversitycounselling.ca TELEPHONE: 226-238-0464

#### **EGALE**

Egale is Canada's leading organization for LGBTQI2S people and issues

WEBSITE: egale.ca

TELEPHONE: 1-888-204-7777 or 416-964-7887

#### Fierte Canada Pride

is an association of Canadian Pride organizations powered by volunteers from across the country; Fierté Canada Pride's membership is made up of Pride organizations from every region of Canada. Our mission is to help build vibrant and strong Canadian Pride organizations through collaborating, offering support, networking, helping to develop a national identity of Pride, and offering resources and advocacy for its members.

WEBSITE: www.fiertecanadapride.org

TELEPHONE: 1-833-311-0012 EMAIL: hello@fiertecanadapride.org

#### Karma Fertility Clinic

Karma is Kitchener/Waterloos first full service fertility clinic. They have helped thousands of people in Waterloo region become parents.

WEBSITE: karmaobgyn.com TELEPHONE: 519-570-0090

#### **HIV/AIDs Connection**

We are community-inspired and dedicated to positively impacting the lives of individuals and diverse communities living with, at-risk for or affected by HIV/AIDS and Hepatitis C (HCV). *TELEPHONE*: 1-866-920-1601

#### **Hope for Wellness**

Support for all Indigenous People in Canada 24/7 to offer counselling or crisis intervention. Chat online at hopeforwellness.ca.

WEBSITE: hopeforwellness.ca TELEPHONE: 1-855-242-3310

#### **Kids Help Phone**

Kids help phone is always there for you. No matter what you want to talk about

WEBSITE: kidshelpphone.ca\_TELEPHONE: 1-800-668-6868

#### **Native Youth Sexual Health**

An organization by and for Indigenous youth that works across issues of sexual and reproductive health, rights and justice.

WEBSITE: nativeyouthsexualhealth.com

#### **OK2BME**

OK2BME is a set of free, supportive services for LGBTQ2+ identified children, teens and their families in Waterloo Region. The OK2BME program consists of three unique areas including confidential counselling services (in person, or online), OK2BME Youth Groups for individuals 12-18, as well as public education, consulting and training around LGBTQ2+ issues.

TELEPHONE: 519-884-0000 EMAIL: ok2bme@kwcounselling.com

#### **Open Closet**

A social support group for LGBT2Q+ Youth. A safe space for youth to participate in discussions dealing with matters related to sexual orientation and/or gender identity. Call between 9 am and 5 pm.

Monday to Friday. *TELEPHONE*: 519-434-1601 (London) or Toll-Free at 1-866-920-1601

EMAIL: opencloset@hivaidsconnection.ca

#### **Ontario HIV Treatment Network**

A non-profit funded by HIV and Hepatitis C Programs at the Ontario Ministry of Health. Our work brings together collaborators from across the sector and the world to influence decision making and improve the lives of all Ontarians living with and at risk of HIV.

WEBSITE: www.knowhiv.ca

#### Oxford County Trans Clinic

The Ingersoll Nurse Practitioner- Led Clinic in partnership with the Thames Valley Family Health Team has opened a Trans Clinic for individuals aged 16+ residing in Oxford County who are seeking gender-affirming care and support. Clients can either self-refer or have a service provider fax a referral <a href="https://www.ingersollnplc.ca/oxford-county-trans-clinic/">https://www.ingersollnplc.ca/oxford-county-trans-clinic/</a> for referral form and Oxford County Trans Clinic information. To book an appointment, self-refer or if you have further questions please call the Ingersoll Nurse Practitioner- Led Clinic Oxford County Trans Clinic Intake Coordinator at (519-926-6752).

#### **PFLAG**

PFLAG London helps all persons within our reach who are struggling with issues of their sexual orientation, gender identity and gender expression. We also support, educate and provide resources to parents, families, friends, and colleagues with questions or concerns regarding these issues.

#### Prism Program— Big Brothers Big Sisters Oxford

(Pride, Respect, Identity, Safety and Mentoring). PRISM is entirely designed to connect LGBTQ2IA+ children and youth with 2SLGBTQIA+ adults.

TELEPHONE: (519) 537-6404 WEBSITE: oxford.bigbrothersbigsisters.ca

#### Rainbow Health Ontario

Province-wide program that works to improve the health and well-being of lesbian, gay, bisexual, transgender and queer (2SLGBTQ+) people in Ontario through education, research, outreach and public policy advocacy.

TELEPHONE: 416-324-4100 EMAIL: info@rainbowhealthontario.ca

#### **Rainbow Optimists Club Southwestern Ontario**

Dedicated to bettering the lives of LGBT2Q+ rural youth, their families and their communities in Elgin, Middlesex and Oxford Counties. Follow us on Facebook, Instagram, Twitter & Youtube!

EMAIL: rainbowoptimist@gmail.com

#### Rainbow Youth Umbrella

A social group for children 6-14 who identify as 2SLGBTQ+. We meet the first Thursday of each month 6 pm - 8 pm at Innovation Works.

EMAIL: tryulondon@gmail.com

#### Reach Out

Provides mental health and addictions information, support and crisis services in London, Middlesex, Elgin and Oxford County.

WEBSITE: www.reachout247.ca (Webchat available)

TELEPHONE: 519-433-2023 or 1-866-933-2023 TEXT: 519-433-2023

#### **Southwest Public Health**

Promotes healthy sexuality by offering free and accurate sexual health information and support. We offer confidential, services in a safe non-judgemental space to residents in Oxford County, Elgin County and St. Thomas. By appointment only.

WEBS/TE: www.swpublichealth.ca TELEPHONE: 519-539-4431 or toll free: 1-800-922-0096

#### **Spectrum Fanshawe College**

A student run social and advocacy group for 2SLGBTQ+ identified individuals and allies, sponsored by the Fanshawe Student Union. Spectrum regularly hosts discussion nights and information sessions with guest speakers, movie nights, coffee houses and other social events, as well as encouraging student participation in community events like the AIDS walk for life and the Rainbow revolution

WEBSITE: www.fsu.ca and www.facebook.com/spectrumfanshawec

#### **Talk for Healing**

24/7 help, and resources for indigenous women, by Indigenous women, all across

WEBSITE: talkforhealing.com TELEPHONE: 1-855-554-HEAL

#### **Trans Lifeline**

Trans Lifeline connects trans people to the community, support and resources.

WEBSITE: translifeline.org TELEPHONE: 1-877565-8860

#### Trans\* London

Functions as a social and networking group for the Transgender population of the London Ontario Region. We believe that people should be empowered to control their transition, with the support of their families and friends and community through various agencies and groups who can and do support the Transgender community.

Trans\* social group for all ages, abilities and identities. Allies welcome. Join us the second Monday of each month, space is fully accessible. health and quality of life for children, youth and families by delivering a continuum of effective services" Available to children and youth 0-18 and to parents and guardians. Find us on Facebook!

TELEPHONE: 519-539-0463 or toll free 1-877-539-0463

EMAIL: transIndont@gmail.com

#### **Trans Wellness Ontario**

Committed to providing quality care and services while ensuring a healthy and safe environment

WEBSITE: www.transwellness.ca TELEPHONE: 226-674-4745

#### Welkins Crisis Line

Wellkin (formerly OECYC) delivers family mental health care with a focus on infants, children and youth living in Oxford and Elgin counties. Our programs and services support the needs of each individual while the agency maintains a well-rounded approach that includes screening, assessment, treatment, and education. The supports and services have no costs attached. We aim to engage and support families/ caregivers and peers in delivering care to infants, children and youth, while being responsive to their unique life and family circumstances. We wish that everyone accessing our services will achieve stability through active participation in treatment plans designed to address safe, healthy, and manageable outcomes.

#### **Women's Employment Resource Centre**

provides employment services free of charge for women of Oxford County. We commit ourselves to speaking the truth about the personal, institutional and cultural barriers that women experience, including violence, trauma and poverty.

WEBSITE: www.werc.ca TELEPHONE: 519-421-2077 ext. 23

#### YEA - Youth Engagement Advisory Committee

Hosts virtual wellness events to keep our community engaged and to offer youth a chance to connect while plans for an in-person youth hub move forward.

EMAIL: thehub@welkin.ca

#### Youth line

The 2SLGBTQ+ Youth line is a toll free Ontario wide peer support phone line for Lesbian, Gay, Bi-sexual, Transgender, Transsexual, Two-Spirited, Queer and Questioning young people. TELEPHONE: 1-888-687-9688 toll free throughout Ontario

#### Youth Suicide prevention

Created to raise awareness and prevention regarding youth suicides and mental health in Oxford County. Find us on Facebook!

WEBSITE: www.kidshelpphone.ca TELEPHONE: Call 1-800-668-6868 text 686868

#### **Oxford County Pride Committee**

The Oxford County Pride Committee is comprised of 2SLGBTQIA+ community members and allies. The objective of our committee is to develop an artistic and cultural Pride celebration. We recognize diversity of gender throughout Oxford County. The pride committee highlights organizations, businesses, services and opportunities that support and promote positive outcomes for the 2SLGBTQIA+ community. We are a volunteer organization.

WWW.OXFORDPRIDE.CA

#### **PRESIDENT**

Tami Murray president@oxfordpride.ca

VICE-PRESIDENT
Jordan Kent
vp@oxfordpride.ca

Financial Secretary
Philip Vandermolen

Recording Secretary
Tera Russell

Two Spirit Ambassador Trissa Marshal-DeSutter trissa@oxfordpride.ca

Social Media Michaella Harris

Standing Members
Stephanie Johnstone
Joseph Taylor
Katie Schuett
Holly Davis



## Creating Safe and inclusive communities

We are always looking for financial sponsors. Without our local businesses and organizations support we would not be able to provide events and activities to educate persons in our community. Our goal is to make 2SLGBTQIA+ persons in Oxford County feel safer and included within their communities.

Please support those who support us!

If you are interested in volunteering with our committtee, fill out a volunteer form on our website.

We accept new standing members at our annual general meeting in October.



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