



# TIPS ON HOW TO PRACTICE 2SLGBTQIA+ ALLYSHIP



## EDUCATE YOURSELF



Take the initiative to educate yourself about different 2SLGBTQIA+ identities, experiences, and issues. Read books, articles, and resources written by 2SLGBTQIA+ authors, follow credible organizations and activists on social media, and attend workshops or webinars on LGBTQIA+ topics.



## ADVOCATE AND TAKE ACTION

Stand up against discrimination, harassment, and prejudice when you witness it. Speak out against derogatory language and offensive jokes. Use your voice and platform to advocate for 2SLGBTQIA+ rights and inclusion in all areas of society, including education, healthcare, employment, and housing.

## LISTEN AND AMPLIFY VOICES

Listen attentively to the stories and experiences of 2SLGBTQIA+ individuals without judgment. Validate their feelings and perspectives. Use your privilege to amplify their voices by sharing their stories, achievements, and concerns, and giving credit where it is due.



## RESPECT PRONOUNS AND IDENTITIES



Use people's preferred pronouns and gender identities. Respect their self-identifications and avoid making assumptions about their gender or sexual orientation. If you are unsure, politely ask for clarification in a respectful manner.



## BE MINDFUL OF SPACES



Create and maintain inclusive and safe spaces for 2SLGBTQIA+ individuals. Challenge assumptions in your everyday conversations and actions. Consider how your language and behavior may impact others and strive to be inclusive in your interactions.

## CONTINUOUSLY LEARN AND GROW

Allyship is an ongoing process. Stay open to learning, unlearning, and challenging your own biases. Be receptive to feedback and be willing to make changes when necessary. Remember that allyship requires active engagement and a commitment to long-term support.

